

three-day **Lake of Stars music festival** (top). Local and European bands perform, while revellers dance until dawn. Feel the heat in **São Paulo** during the **Formula One Brazilian Grand Prix**, or watch fireworks illuminate Victoria Harbour on **National Day** in **Hong Kong** (bottom).

## On the taste trail

Where can you find a miller, a baker, a brewer and a cheese-maker? Cheshire. For a tasty break, book a stay at the award-winning **Combermere Abbey Cottages** (below), set in the idyllic grounds of an 875-year-old country estate that is home to the world's only fruit maze, a labyrinth of redcurrant and gooseberry bushes and apple and pear trees. They'll supply you with a **Taste Cheshire food trail** map, with information on local shops, markets and festivals. (combermereabbey.co.uk). Game for something more? Sign up to Suffolk-based **Food Safari's 'Wild Meat in a Day'**. One of Rick Stein's food heroes Ray Kent, from The Wild Meat Company, will show you the best techniques for preparing and cooking a variety of game. The course takes place at The Anchor at Walberswick, where the head chef will also share his favourite game recipes, cook guests a three-course meal and suggest wine and beer pairings. Days cost £250 per couple (foodsafari.co.uk).



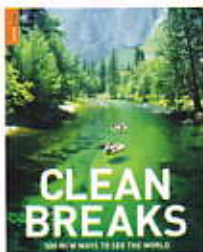
## CARBON COUNTING

If you choose to follow in our footsteps and travel glorious destinations, be aware of your carbon im

DESTINATION	TONNES CO <sup>2</sup>	C
Delft, Netherlands	0.11	£
Dijon, France	0.16	£
Lübeck, Germany	0.20	£
Valencia, Spain	0.30	£
São Paulo, Brazil	2.76	£

Offset your carbon emissions at [climatecare.org](http://climatecare.org), make a donation to support projects all over the rainforest restoration to bio-energy schemes.

## Books



### Clean up y

Wild swimming in  
in Jamaican village  
at vibrant street m  
– and that's just th  
Filled with unusual  
ideas, **Clean Bre**  
500 adventures a

world, each one aimed at benefiting the  
and the local community and economy b  
various conservation and heritage project  
encouraging home-stays and an eco-mir  
to travel. Richard Hammond and Jeremy  
green credentials as they recommend de  
native guides and earth-friendly places to  
book is interspersed with personal anec  
advice, maps, suggested itineraries and  
offsetting ideas. Rough Guides, £18.99.